

Saratoga Springettes Meet Schedule

****PLEASE** be at the meet at least 10 minutes before time listed. Gymnasts should be ready to walk on the floor (hair done, in warm-ups) at listed times. **THANK YOU!!!**

****AT ALL MEETS – YOU MUST PLAN** on staying until the end of the awards. **IF THERE IS AN EMERGENCY** and you need to leave – please tell a coach before you go.

****There will be a \$5 late fee** for any meet fee that misses the due date. Will be accepted for **ONE** week after due date – after one week late – the meet will be closed and payment will no longer be accepted.

- January 30/31st HOME MEET
Session 1 Saturday – levels 3 & 5: 3:00 stretch, 4:30 march in – WARM UP LEO
Session 2 Sunday – level 4: 8:00 stretch, 9:45 march in – WARM UP LEO
Session 3 Sunday – level 6 & up: 12:30 stretch, 1:30 march in – COMP LEO
\$15 meet fee/ \$10 for additional in family – due January 18th
- February 13th Cortland YMCA Valentines Meet (usually level 4 and up)
Location: JM McDonald Sports Complex, 4292 Fairgrounds Road, Cortland, NY
Sessions are all tentative depending on the number of entries... if there are a lot of kids – a Sunday morning session may be added... **PLEASE** be aware that the schedule might change!!!
Level 3, 5, and oldest 4's: 8:00am stretch, 8:30 warm ups, 9:50 march in (WARM UP LEO)
Level 4 (all but the oldest): 12:20 stretch, 1:00 warm ups, 2:20 march in (WARM UP LEO)
Level 6-8: 4:30 stretch, 4:50 warm up 1st event, march in 5:20 (COMPETITION LEO)
Meet fee is \$40 per gymnast, \$30 sibling rate. DUE WED THE 20th!!!
**** this is a team meet – team banners will be awarded – please stay until the end of awards**
- February 15-19 SCHOOL BREAK
- February 20th PJ Party Classic @ the Glens Falls YMCA (levels 3 & up)
**** Wear PJ's over their leotard for march in**** (Awards for: cuddliest, most colorful, most creative)
Session 1 – Level 3 & 6: 8:00am stretch, 8:20 warm up, 9:30 compete – WARM UP LEO
Session 2 – Level 4: 12:30 stretch, 1:00 warm up 1st event, 1:25 march in – COMP LEO
Session 3 – Level 5-9 & prep; 4:30 stretch, 5:00 WU 1st event, 5:25 march in – COMP LEO
\$25 Meet fee/\$10 for additional in family – Due January 18th
- March 6th & 7th Adirondack Classic @ Glens Falls YMCA (levels 3 & up)
SAT session 1 – Level 3: 12:00 stretch, 12:20 warm up, 1:00 march in – COMP LEO
SAT session 2 – Level 4: 2:30 stretch, 2:50 warm up, 3:10 march in – WARM UP LEO
SUN session 3 – Level 5 & prep: 8:00 stretch, 8:30 WU 1st event, 9:30 march in – COMP LEO
SUN Session 4 – Level 6 & up; 12:00 stretch, 12:30 WU 1st event, 12:55 march in – COMP LEO
\$15 meet fee – due February 8th
- March 21st Possible Watertown YMCA???
- March 27th League Championships @ the Cortland YMCA – levels TBD
No qualifying scores needed.
- April 5-9th SCHOOL BREAK
- April 23-25th State Championships @ the Glens Falls YMCA
*Qualifying scores will have to be met to attend this meet.
- May 14-16 Regional Championships – for level 4 and up - Goffstown, NH
*Qualifying scores need to be reached **TWICE** during the season:
Level 4-33.5; Level 5-32.0; Level 6 & up- 31.0; Prep- 33.0
- June 22-25 National Championships in SAN DIEGO, CA!!!!

Level 5 and up – qualifying scores will have to be met to attend this meet.
Qualifying scores (must be hit TWICE to be able to attend):
Level 5: 33.0 Levels 6, 7 and 8: 31.0
<http://www.ymcanationals2010.org/>
June 22nd – opening ceremonies at Sea World