


FEBRUARY BREAK


YMCA of SARATOGA POOL SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time	
						 <p>We build strong kids, strong families, strong communities.</p>			
5:00 AM	6 laps / 2 fit	6 laps / 2 fit	6 laps / 2 fit	6 laps / 2 fit	6 laps / 2 fit				
5:30 AM	6 lap lanes 2 fit lanes	6 lap lanes 2 fit lanes	6 lap lanes 2 fit lanes	6 lap lanes 2 fit lanes	6 lap lanes 2 fit lanes				
6:00 AM						8 lap lanes	8 lap lanes	6:00 AM	
7:00 AM	6 lap lanes 2 fit lanes	6 lap lanes 2 fit lanes	6 lap lanes 2 fit lanes	6 lap lanes 2 fit lanes	6 lap lanes 2 fit lanes	6 lap lanes 2 fit lanes	4 lap lanes 4 Lifeguard Class	7:00 AM	
8:00 AM	6 lap lanes 2 fit lanes	6 lap lanes 2 fit lane	6 lap lanes 2 fit lanes	6 lap lanes 2 fit lanes	6 lap lanes 2 fit lanes	6 lap lanes 2 fit lanes	4 lap lanes 4 Lifeguard Class	8:00 AM	
8:30 AM	6 lap lanes 2 fit lanes	6 lap lanes 2 fit lanes	6 lap lanes 2 fit lanes	6 lap lanes 2 fit lanes	6 lap lanes 2 fit lanes	6 lap lanes 2 fit lanes	4 lap lanes 4 Lifeguard Class	8:30 AM	
9:00 AM	5 laps / 1 fit 2 Varsity Swim	4 laps / 1 fit 2 family open 1 Youth Fit	4 laps / 1 fit 3 family open	4 laps / 1 fit 2 family open 1 Youth Fit	4 laps / 1 fit 3 family open	4 laps / 1 fit 2 Varsity Swim 1 family open	4 lap lanes 4 Lifeguard Class	9:00 AM	
9:30 AM	5 laps / 1 fit 2 Varsity Swim	4 laps / 1 fit 2 family open 1 Youth Fit	4 laps / 1 fit 3 family open	4 laps / 1 fit 2 family open 1 Youth Fit	4 laps / 1 fit 3 family open	4 laps / 1 fit 2 Varsity Swim 1 family open	4 lap lanes 4 Lifeguard Class	9:30 AM	
10:00 AM	2 laps / 1 fit 2 Varsity Swim 3 SS shallow	4 laps / 1 fit 3 family open	2 laps / 1 fit 2 family open 3 SS shallow	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 2 Varsity Swim 1 family open	4 lap lanes 4 Lifeguard Class	10:00 AM	
10:30 AM	2 laps / 1 fit 2 family open 3 SS shallow	4 laps / 1 fit 3 family open	2 laps / 1 fit 2 family open 3 SS shallow	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 lap lanes 4 Lifeguard Class	10:30 AM	
11:00 AM	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	3 lap lanes 5 Rental	11:00 AM	
11:30 AM	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	3 lap lanes 5 Rental	11:30 AM	
12 NOON	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	12 NOON	
12:30 PM	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	12:30 PM	

FEBRUARY BREAK

AFTERNOON/EVENING

POOL SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Time
1:30 PM	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	4 laps / 1 fit 3 family open	1:30 PM
2:00 PM	2 laps / 1 fit 3 open swim 2 Fun Club	2 laps / 1 fit 3 open swim 2 Fun Club	2 laps / 1 fit 3 open swim 2 Fun Club	2 laps / 1 fit 3 open swim 2 Fun Club	2 laps / 1 fit 3 open swim 2 Fun Club	2 laps / 1 fit 2 birthday 3 open	2 laps / 1 fit 2 birthday 3 open	2:00 PM
2:30 PM	2 laps / 1 fit 3 open swim 2 Fun Club	2 laps / 1 fit 3 open swim 2 Fun Club	2 laps / 1 fit 3 open swim 2 Fun Club	2 laps / 1 fit 3 open swim 2 Fun Club	2 laps / 1 fit 3 open swim 2 Fun Club	2 laps / 1 fit 2 birthday 3 open	2 laps / 1 fit 2 birthday 3 family open	2:30 PM
3:00 PM	2 laps / 1 fit 3 open swim 2 Fun Club	2 laps / 1 fit 3 open swim 2 Fun Club	2 laps / 1 fit 3 open swim 2 Fun Club	2 laps / 1 fit 3 open swim 2 Fun Club	2 laps / 1 fit 3 open swim 2 Fun Club	2 laps / 1 fit 2 birthday 3 open	2 laps / 1 fit 2 birthday 3 open	3:00 PM
3:30 PM	4 lap lanes 1 fit lanes 3 open swim	2 laps / 1 fit 3 open swim 2 Fun Club	2 laps / 1 fit 3 open swim 2 Fun Club	2 laps / 1 fit 3 open swim 2 Fun Club	2 laps / 1 fit 3 open swim 2 Fun Club	2 laps / 1 fit 2 birthday 3 open	2 laps / 1 fit 2 birthday 3 open	4:00 PM
4:30 PM	4 lap lanes 1 fit lanes 3 open swim	4 lap lanes 1 fit lanes 3 open swim	4 lap lanes 1 fit lanes 3 open swim	4 lap lanes 1 fit lanes 3 open swim	4 lap lanes 1 fit lanes 3 open swim	2 laps / 1 fit 2 birthday 3 open	2 laps / 1 fit 2 birthday 3 open	4:30 PM
5:00 PM	4 lap lanes 1 fit lanes 3 open swim	4 lap lanes 1 fit lanes 3 open swim	4 lap lanes 1 fit lanes 3 open swim	4 lap lanes 1 fit lanes 3 open swim	4 lap lanes 1 fit lanes 3 open swim	2 laps / 1 fit 2 birthday 3 open	2 laps / 1 fit 2 birthday 3 open	5:00 PM
6:00 PM	2 lap lane 6 swim team	2 lap lane 6 swim team	2 lap lane 6 swim team	2 lap lane 6 swim team	3 laps / 1 fit 4 family open	YMCA closes at 6 pm	2 lap lane 6 swim team	6:00 PM
6:30 PM	2 lap lane 6 swim team	2 lap lane 6 swim team	2 lap lane 6 swim team	2 lap lane 6 swim team	3 laps / 1 fit 4 family open		2 lap lane 6 swim team	6:30 PM
7:00 PM	2 lap lane 6 swim team	2 lap lane 6 swim team	2 lap lane 6 swim team	2 lap lane 6 swim team	3 laps / 1 fit 4 family open	5 HealthyKidsNt 3 closed	2 lap lane 6 swim team	7:00 PM
7:30 PM	2 lap lane 6 swim team	2 lap lane 6 swim team	2 lap lane 6 swim team	2 lap lane 6 swim team	3 laps / 1 fit 4 family open	5 HK Night 3 closed	2 lap lane 6 swim team	7:30 PM
8:00 PM	2 lap lane 6 swim team	2 lap lane 6 Adult Swim Inst	2 lap lane 6 swim team	2 lap lane 6 swim team	3 laps / 1 fit 4 family open	5 HK Night 3 closed	2 lap lane 6 swim team	8:00 PM
8:45 PM	2 lap lane 6 swim team	2 lap lane 6 Adult Swim Inst	2 lap lane 6 swim team	2 lap lane 6 swim team	8 lap lanes	5 HK Night 3 closed	Sunday Pool closes at 8:45	
9:00 PM	8 lap lanes	8 lap lanes	8 lap lanes	8 lap lanes	8 lap lanes	 We build strong kids, strong families, strong communities.		
Mon - Fri 10 pm pool closes for cleaning				9 pm sauna closes	9pm steam closes			